

# Stronger Together

## Every Mind Matters

Employees are the heart of every organisation, and their mental health directly influences productivity, engagement, and overall business performance. Partnering with Mind Jersey provides companies with an opportunity to make meaningful change — both within their workplace and across the wider community.

Through partnership, you will be providing your workforce with tools to build a more strength based open culture. Your organisation will also be supporting Mind Jersey in delivering vital services, raising awareness about the important difference between mental health, wellbeing and mental illness.

Together, we'll identify and implement practical, sustainable actions tailored to your organisation, helping to build a more inclusive and productive workplace for all.

This package includes the following:

- Training Needs Analysis
- One Mental Health Awareness course
- One Stress and Resilience course (new for 2026)
- One place on the Introduction to First Aid for Mental Health - FAA Level 1 course
- One place on the Managers Guide to Mental Health course
- One 1-hour Parents/Carer session on Supporting Children and Young People's Mental Health
- Work place pop-up (mental health drop-in corner, twice a year)
- Implementation of the Wellness Action Plan
- Ten £5 vouchers for the Mind Jersey Nearly New charity shop
- 10% off all Mind Jersey training
- Four 1-hour consultation sessions for phased returns to work and reasonable adjustments
- Advice and guidance with mental health policies around Suicide and Self-Harm
- Guidance and signposting advice to mental health services
- Volunteering opportunities at Mind Jersey
- Recognition across our social media, organisation logo on Mind Jersey website
- Invitation to exclusive Mind Jersey events
- Digital Badge - acknowledging partnership

## Get in touch

We would love to discuss how our 'Stronger Together' package could benefit your workplace, please contact a member of the training team today to arrange an informal chat:



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