mind Jersey

Stronger Together

Every Mind Matters



Our package starts from just £6.67 per person per month. Based on the price of £4,000 for an organisation size of 50 employees.

We are passionate about working with your company in a way that serves and assists in the unique needs around Mental Health. We appreciate not every organisation is the same and therefore wanted to create a package that is customisable and tailored to each of our working partners.

Training

- One Mental Health Awareness course
- One Stress and Resilience course
- One Managing Neurodiversity in the Workplace course
- One Managers Guide to Mental Health (half day) Course
- One Suicide Awareness course
- One Understanding Self-Harm course
- One place on the Introduction to First Aid for Mental Health – FAA Level 1 course
- One 1-hour Parents/Carer session on Supporting Children and Young People's Mental Health course
- 10% off all Mind Jersey training
- NEW - One half day Trauma Informed Practice course
- NEW – One AI and Mental Health course
- NEW – One social media and our young people course

Consultancy Services

- Implementation of the Wellness Action Plan
- Up to four 1-hour consultation sessions for phased returns to work and reasonable adjustments
- Advice and guidance with mental health policies around Suicide and Self-Harm
- Guidance and signposting advice to mental health services
- Listening Service
- NEW - 1 ½ days Goal setting workshop: Invent your future (10 people max)

Surveys/Assessments

- Organisation Mental Health Assessment
- Pre and Post Package questionnaire (Mandatory)
- Volunteering opportunities at Mind Jersey
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- Recognition across our social media, organisation logo on Mind Jersey website
- Invitation to exclusive Mind Jersey events
- Partnering Badge – acknowledging partnership

Contact Us

We would love to discuss how our Stronger Together package could benefit your workplace, please contact us to arrange an informal chat.

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